

A free project, compliments of...

Sue Bleiweiss

Mixed-Media Fiber Cuffs

These cuffs are easy and fun to make. Start with a base of wool felt and apply a layer of Mistyfuse to one side.

NOTE: Remember when fusing layers of Mistyfuse to always use Reynolds Parchment Paper as a press cloth to protect the surface of your iron!

For my first step I fused a layer of hand painted soy silk fibers to the wool felt base. Then I added a layer of Mistyfuse right over the soy silk fibers, drizzled on some funky yarn and shiny silver netting and fused the whole piece again.



Another layer of Mistyfuse was added and I covered the whole thing with a piece of tulle and fused these layers down.

When you use this technique you can use as many layers as you like to get the results that you want. I have used up to as many as five layers and I have used other surfaces as the base such as Timtex, cotton and silk. You can use anything you like to create your layers. Break out all those little scraps of fibers and

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Supplies

- Wool felt
- Mistyfuse
- Reynolds Parchment Paper
- Miscellaneous fibers, yarns, threads, foils etc.
- Tulle
- Amaco WireForm Metal Mesh

fabrics that you have stashed away. Consider using Angelina fibers, metallic threads, funky yarns, soy silk roving, candy wrapper foils, ribbons, paper or dried flowers and anything else you can find in your stash for this technique.

TIP

If you are going to use Angelina as one of the layers you need to be aware of how much heat that you apply to the surface because too much heat will fry the Angelina.

To make the cuff cut a piece of your layered fabric 2" x 7" and a piece of wire mesh 3½" x 6½". Fold the piece of wire mesh in half to make a piece 1¾" x 6½".

Cut another piece of wool felt a little larger than 2" x 7". This will be the backside of your cuff.

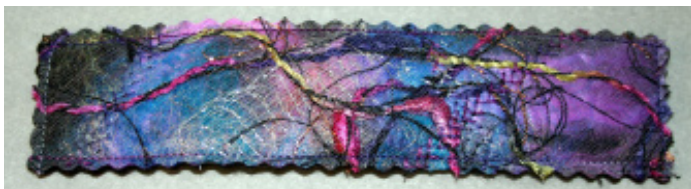
Place the wire mesh on top of the backside piece and then cover it with the layered fabric piece. The mesh should be centered beneath the top embellished fabric piece.



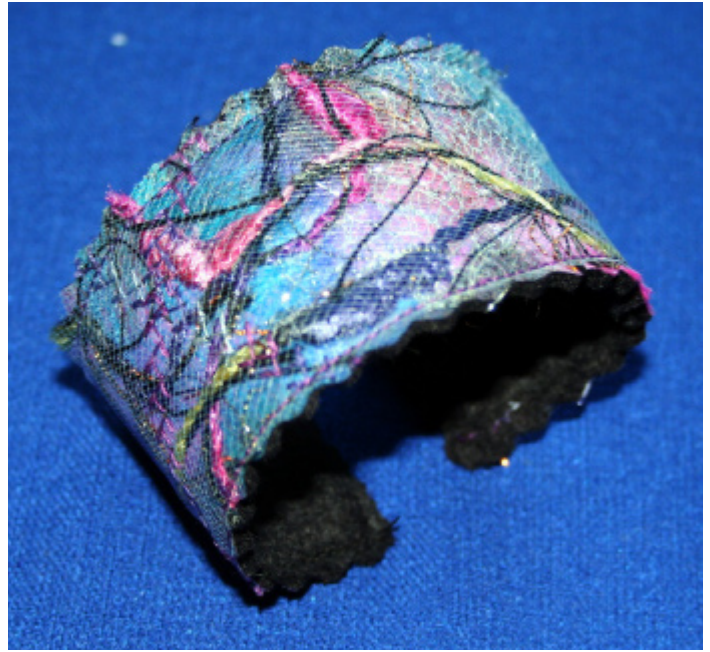
Stitch around the top using a scant ¼" seam allowance.



Trim the piece and bend into a cuff shape.



I used a decorative edge rotary cutter to trim up my cuff. Wrap it around your wrist and you're ready to go.



This cuff also makes a great bookmark too!